



# Gospel Light®

HOME DISCUSSION GUIDE  
for Elementary

WINTER C  
Lesson 2

## Our Greatest Need

***“Today in the town of David a Savior has been  
born to you; he is the Messiah, the Lord.”***

Luke 2:11

During a mealtime we took turns naming things we had that we really enjoyed: clean sheets, sleeping in, hugs, pickles, Family Night, showers, pizza, family devotion time, just to name a few. Then we went around the table again and each named three things we felt we had to have if everything else were taken away. There were some interesting answers! When it was my turn, I told how glad I am that God saw that we all really needed a Savior so He sent Jesus to us save us. Jesus is the One NONE of us can do without! At the end of our meal, we thanked God for all the gifts He gives us that we enjoy, and especially for the gift of Jesus.

### Try This:

Get in front of a mirror with your kids and take turns making faces for the others to guess what emotion you are expressing. (This is especially helpful if you notice one of your kids doesn't “read” the feelings of others well.) I remind my kids often that no emotion is wrong—God gave us feelings! Even anger is important; it is like pain. It is a signal that something is wrong! God gave us the gift of expressing all the emotions we have, too. What we need to be careful of is the way we express our emotions—so that the actions that come from our feelings aren't wrong or hurtful to others, no matter how we feel.